

POP Plan: Hope Hands Pair-to-Pair Partnership Program

Purpose: Why?

- To move beyond volunteering into connecting with.
- To bridge the gap between students and people with disabilities through personal relationships (as equals and friends)
- Many student volunteers rarely have the chance to build one-on-one bonds.
- learning with each other

Outcome: what? the vision of what success will look and feel like when you “arrive”

- Each Hope Hands member (2–3) is paired with one participant from the center, matched across diverse disabilities
- Over the semester, each group develops a relationship and creates a final reflection project (any format such as videos and essays)
- Later showcase what they learned together. Set an event in small theater
- If possible, the person with disability can join through face call
- Participants from the center feel seen and included as collaborators.
- Better knowledge about the specific disability

Process: How?

- We'll structure the program into 4 steps:
- Step 1: Matching
 - short matching process (based on interests and hobbies).
 - Joint orientation session with both Hope Hands members and center participants
 - introduce the idea of equality and mutual respect. Simple icebreaker games to begin building trust. (I am ground)
- Step 2: Activity Phase
 - Over 4–6 weeks, pairs meet (share contact number)
 - Possible activities: music, sports sessions, cooking, board games, outdoor walks
 - students share skills (instrument, language, drawing), while center members share life experiences
 - Each session ends with a short reflection journal
- Step 3: Presentation
 - Each group presents their story at the showcase
 - What we learned from each other.
 - How our understanding changed.
 - Presentations (Short films, vlogs, slides)
 - Spoken reflections
 - Center staff and parents invited
- Step 4: Sustainability
 - Compile all reflections into a book or social media post